

The REDHAWK REVIEW



SFS Students sort recycling at the transfer station. (Photo by Laura Tucker)

Students For Sustainability Sort Recycling

By Maggie Emery

On December 23rd, six members of the Students for Sustainability club (SFS) and three adults went to the Transfer Station (aka the dump) to sort through large piles of recycling

and to remove unrecyclables and contaminated recycling. SFS and Laura Tucker, an adult member of SFS who coordinated the event, measured the amount of contaminated recycling and calculated what percentage of the recycling from each city was contaminated.

Laura is using the information gathered to implement an anti-contamination campaign from February to May, with the recycling to be sorted again in June to assess the effectiveness of the campaign.

SFS went through recycling

from Port Ludlow, Port Townsend, and Skookum. They dug through bins of tin, aluminum, and plastic (TAP), mixed paper, and cardboard. The TAP was the most contaminated of these three groups. "There were a lot

▼ Continued on page 8

An Interview With Dr. Locke

By Melanie Bakin

In the span of a few weeks, Dr. Tom Locke, Public Health Officer for Jefferson County, became a local hero. From his interviews with local newspapers to his weekly briefings at 9:45 on Monday mornings, he has played a pivotal role in keeping Jefferson County safe throughout COVID-19.

Dr. Locke has lived on the Olympic Peninsula since 1979 and thought it would be an amazing place to live because it had the two things he was most passionate about: mountains and oceans. He has worked a wide variety of jobs since, such as health officer for Clallam and Jefferson County and the medical director for local Native American tribes.

Dr. Locke predicted that, by the end of December 2020, over 1,000 health care workers, first responders, and long term care facility staff and residents would have had their first dose of the Pfizer vaccine. He observed that “there is a high level of interest in getting vaccinated by the groups being vaccinated first. They are on the front line of the SARS-CoV-2 pandemic response, which gives them the highest risk of exposure and one of the most important pandemic response jobs—testing for infection and treating those who are infected... Some people believe the pandemic is a hoax or, at worst, no worse than seasonal influenza. And there is a strong anti-vaccination movement in the U.S. and Jefferson County has more than its share of ‘anti-vaxxers.’”

When asked about when high school students will get the vaccine, he said, “In Washington State’s draft COVID-19 prioritization plan, healthy children and adolescents are in Phase 3 of the 4 phase plan. This will likely occur sometime between May and July. Students who are 16 and older who have high-risk medical conditions (cancer, kidney failure, immune

deficiency, and other) may be eligible for early vaccination in the 1c group, likely starting in late February or March.” It is important to note that the Pfizer vaccine is only licensed for people 16 years of age or older, and the Moderna vaccine, for those 18 years or older. New trials are underway to approve the vaccine for younger-aged individuals. Dr. Locke stated that the Washington State Department of Health is “developing a web application that will list priority groups and when each group is eligible for vaccination... Jefferson County Public Health will also post updated eligibility information at our website: <https://jeffersoncountypublichealth.org/202/PublicHealth>.” It is crucial that students stay up to date on when they are eligible for the vaccine so that the community can start to return to normalcy.

“It is heartbreaking how severely this has impacted the education and social lives of all students but especially high school students and seniors. This is the worst public health crisis in the past 100 years. I am hopeful that the outbreak will be much better controlled by May and that many senior events can be safely carried out. It will take the whole-community working together to

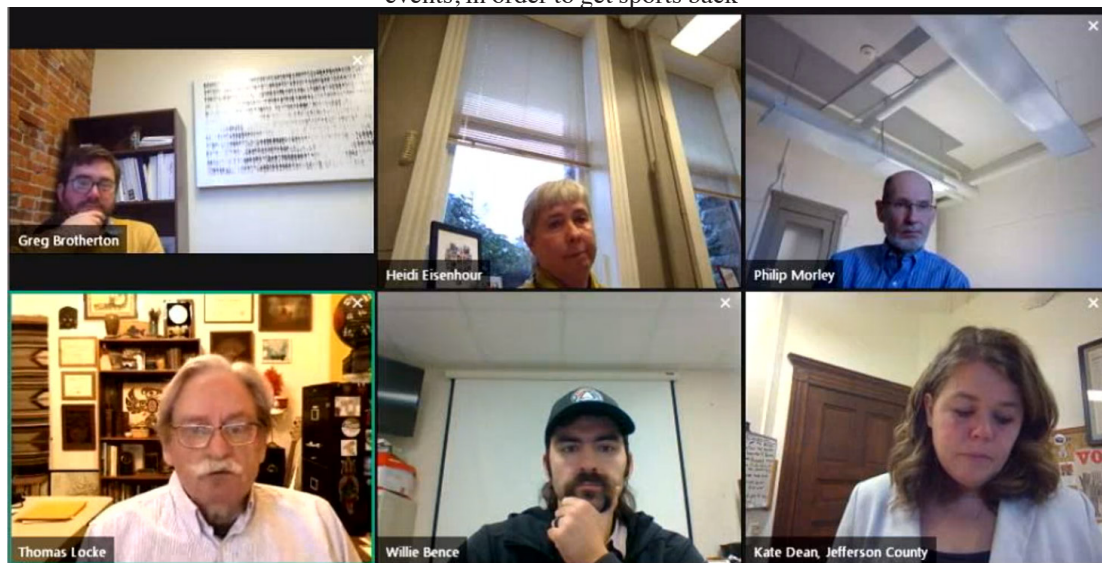
protect each other from infection to make this happen, but I think we can do it.” Dr. Locke emphasized that seniors should stay hopeful that they will have senior events to gain closure on such an unusual year.

For the whole student body, Dr. Locke estimated that schools would “reopen to in-person education after the holiday season but with many restrictions—small class sizes, masking, distancing, and restricted group activities. This is because COVID-19 levels will be at all-time highs for the next 3 months, at a minimum.” Being in-person with teachers is pivotal to students’ learning experience, and Dr. Locke understands this need, and that is why he is making sure that schools open as soon as it is safe to do so.

Limited sports that are outdoor, non-contact, and have good hygiene practice could be a possibility, according to Dr. Locke. “What sports are possible depends a lot on the ‘prevalence’ of infection in the community. The higher the prevalence (number of active, infectious cases in the community) the greater is the risk that bringing people together in groups will spark outbreaks of COVID-19 that can spread more broadly in the community.” Similar to end-of-year senior events, in order to get sports back

for the students, it will take the whole community to keep prevalence down. He noted that sports will be a possibility because we will have greater access to rapid COVID-19 testing, what the professional sports team use, which will help to identify athletes who are infected with COVID-19 and have them sit out on games until they are no longer infectious (around a week).

Dr. Locke has worked hard to keep the community informed about COVID-19 in Jefferson County, but now it is up to the community to finish the job. If Jefferson County wants kids back in school and high school seniors to get a graduation ceremony, they need to get vaccinated and follow safety protocols.



Dr. Locke meets weekly with County Commissioners to give local, national, and global updates on the COVID-19 pandemic. These Monday meetings are open to community members to view.

(Photo by Melanie Bakin)

Cinematic Review



Wonder Woman 1984

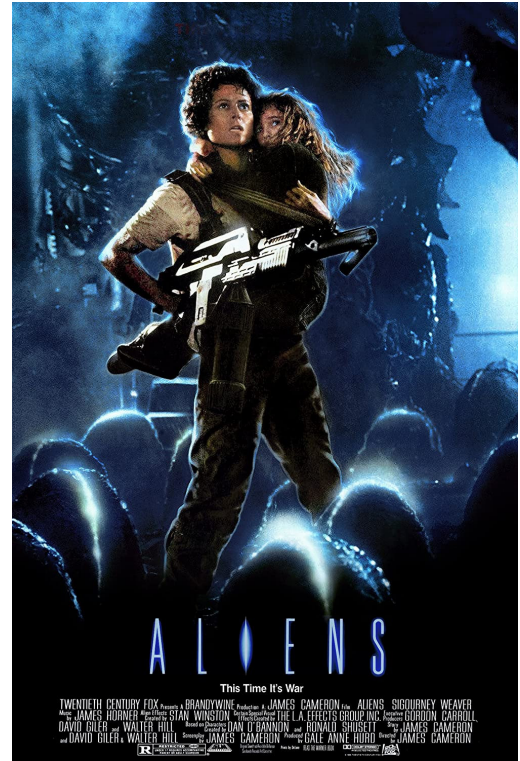
By Finn O'Donnell

I had high hopes for WW84. It wasn't just the early rave reviews, excellent cast, fantastic trailers, or the fact that it's set in 1984. The studio released the opening scene days before WW84's release on HBO Max, which looked incredible. But WW84 turned out to be a total flop.

Taking place in 1984 Washington, DC, Wonder Woman 1984 follows Gal Gadot's Princess Diana of Themyscira as she processes the death of her friends, while she herself doesn't age a day. When unknowingly given one wish, Diana asks for Chris Pine's Steve Trevor to return. After meeting and being blown away by Wonder Woman, Kristen Wiig's character asks to be like Diana, but ends up getting more than she bargained for, and Pedro Pascal's Maxwell Lord is the supposed "behind the scenes" villain.

Wonder Woman 1984 started off strong: a well-shot opening scene that takes place on the

Isle of Themyscira, an 80s-style mall heist that Diana stops with just the right amount of corny flair, a good introduction into Diana's life in the 80s. It's as soon as Chris Pine comes back that the film takes a turn for the worse. I won't get into the irony of a feminist movie making a man the one thing its protagonist wants, or the problematic nature of Steve Trevor's soul occupying the body of another person, or the confusing plot with more sawdusty filler than a fast food hot dog. The movie is bad, and doesn't need more hate. Instead, I'll say this: Wonder Woman is like an 80s movie in many respects. The graphics, the characters, and the problematic bits do remind one of something actually made in 1984. Gal Gadot, Pedro Pascal, Kristen Wiig, and Chris Pine all act excellently, and it takes a lot to launch a movie on a streaming service before a major theatrical release. I'm not going to recommend that you watch WW84. It's entertaining, but likely won't influence the course of the DCEU and isn't a good movie.



Aliens

By Finn O'Donnell

Here's an 80s sequel done well. Set in the distant future, Aliens follows Sigourney Weaver's Lt. Ripley as she is sent back to the planet LV-426 to check on a colony that has cut off communication with Earth. In Alien, Ripley and her crew land on LV-426 to examine an emergency beacon, but one ends up becoming host to a single parasitic alien. The death and destruction of Ripley's small crew ensues. Spoiler alert: Aliens contains multiple aliens. When Ripley and a group of Colonial Marines arrive on LV-426 and find one young survivor surrounded by a lot of aliens, it's up to them to rescue her.

The film is considered one of the best sequels of all time for a reason. Aliens took what was popular with Alien (light horror, good action scenes, well-done aliens) and filled a movie with it, leaving the slowness of Alien 57

years in the past. It's got a diverse cast, uses foreshadowing well, and obeys the rules it establishes. Sigourney Weaver's Ripley is a good protagonist, a rounded character with a clear prerogative. Aliens is the 80s sequel that Wonder Woman 1984 tried to be, but couldn't. There's nothing I can complain about, but those who don't like action, horror, or both will not enjoy the second half of Aliens.

I highly recommend watching Aliens this winter. It's enjoyable, impressive, and the movie that launched director James Cameron's career.



Antisemitism: How Will You Choose to Change the Narrative?

By Willow Hoins

Decades after the liberation of French internment camps Pithiviers, Beaune-la-Rolande, Besançon, and others, in 2019, French President Emmanuel Macron visited the Jewish cemetery of Quatzenheim to find graves vandalized with swastikas. While the world is ignoring the past's horrific but essential lessons, children were killed in 2012 at a Jewish school in Toulouse, a violent stabbing occurred in 2018 of an elderly Holocaust survivor in Paris, and a deluge of antisemitic harassment and hate speech has been hurled at 21-year-old April Benayoum on social media in 2021. One thing remains clear: antisemitism is on the rise.

This rise is partly due to a dying generation. Holocaust survivors are no longer here to speak of their lives and the abuse endured. However, the real cause is the increased white-washing of history. Countries like Poland and Hungary deny accountability by covering up their past. In 2018, the Polish government passed a law censoring discussion on Poles' involvement in perpetuating the Holocaust. In 2020, a Polish politician requested removing a Jewish memorial for those killed by Poles because it was an "anti-polish scandal." That politician, Anna Zalewska, was appointed Minister of Education and Science, influencing how generations will learn and, subsequently, how they will view the world around them. If those who lead erase our history, how are those who live it to progress? They cannot and are doomed only to repeat it.

The battle against antisemitism isn't merely overseas. It surrounds us. In the eight days of Hanukkah 2020, a torrent of antisemitic attacks escalated throughout the US, including:

Defacement of the Anne Frank Human

Rights Memorial with Nazi propaganda in Idaho

Racist and antisemitic graffiti at Amherst Regional High School in Massachusetts

A malicious hit-and-run at a menorah lighting in Lexington, Kentucky

The hacking of the North Shore Hebrew Academy school website - with swastikas, slurs, Nazi videos posted, and private information leaked in New York.

Our country is teeming with hatred, bigotry, and discrimination. American Jews are 2% of the population while subject to 60% of all religious hate crimes. Some radical Trump supporters attempted to immortalize the repulsive Nazi legacy, as was once again corroborated during the raid and riots at the US Capitol in January 2021. Domestic terrorists were pictured wearing T-shirts with propaganda like "six million wasn't enough" and

"Camp Auschwitz" while flying a Nazi flag inside the Capitol building.

Political beliefs have nothing to do with bigotry and racism. The United States government strives for democracy to ensure all voices are heard. Democracy is not a battle between left and right or conservative and liberal. Democracy is an accord, a pledge to work together, to uphold social equality.

Even in Jefferson County, prejudice, discrimination, and dogmatism remain present. Video recordings of slurs and hate speech circulate on social media, yet no remorse is shown or action taken.

When you are in a group, and one bigot speaks hatred, but no one stands up to them or contradicts their slurs, then you and your group are bigots as well.



People gather as a show of support for the Jewish community outside a home in Monsey, N.Y., where five people were injured in a machete attack during a Hanukkah celebration in December. (Photo by

Stephanie Keith)

2020 in Reflection

By Julia Neville

Every January 1st, I like to believe that we arise with the intention to try again. We try to make the most out of the next 365 days, and, very possibly, in hopes of doing that, we tell ourselves we are never to look back to yesterday. Now, while that may be the easiest choice given few to none bear the mental capacity to relive the past year's atrocities, burying 2020 without so much as a simple

recollection of the year may be a regrettable decision.

One will find it unsurprising that the People's Choice 2020 Word of the Year (via Dictionary.com) was overwhelmingly voted to be "unprecedented." The descriptor is a nearly perfect way to summarize the course of events throughout the 12 long months, for the term is neither blatantly optimistic nor alarmingly antipathetic.

From the very unprecedented moment that

the coronavirus settled into United States territory, our country, an institution having operated on the basis of precedents, was forced to think spontaneously, to make adjustments based on ever-changing circumstances. And so, in the early months of the pandemic, America slept, for her leadership knew no other way to tackle the crisis in her hands. Time slowed as every occasion was postponed

▼Continued on page 9

Horoscopes

Divined by Grace Wentzel

Aquarius (January 20 - February 18)

Here's your birthday present—a prediction! I promise you that no less than six of the events sung about in this song will come up in the next Quiz Bowl tournament... good luck memorizing it before then.

The best musical barrage of historical and cultural references I've ever encountered: Billy Joel's [We Didn't Start the Fire](#)

Pisces (February 19 - March 20)

Scour your nearest Little Free Libraries for hidden treasures and you will be rewarded... perhaps by a not-so-fresh copy of A Farewell to Arms! Yay...

For the iceberg theorists among us: [Tip of the Iceberg](#) by Comfort Club (obviously die-hard Hemingway stans)

Aries (March 21 - April 19)

Just for you, dear Aries peeps, a new insult for use in basically any situation, from the incredible Amharic language in Ethiopia: "silbabot," directly translating to "you are the fatty layer on my warm milk." Yeah, that one makes a lot of sense actually.

Apparently there are a BUNCH

of songs titled Warm Milk, so here's the [link to my compilation playlist](#) with some of my faves (playlist cover by me, the overdedicated artist who, on a Saturday evening, put way too much work into a playlist for a school paper).

Taurus (April 20 - May 20)

Hear me out: bring back your 11-year-old style. Please. The world needs that light, mostly emanating from the light-up Skechers® and abundance of neon clothing items in these dark times.

But here's the question: Do they make light up Skechers for adults? [DripReport](#) needs to know.

Gemini (May 21 - June 20)

Just when you thought that all of the candy canes in your house had been eaten (licked away? idk man), you'll find one under a pillow. Just waiting. Find it before it finds you.

[Waiting for You](#) (Good Lovelies)

Cancer (June 21 - July 22)

Life's events will inspire you to take up the ancient craft of Rainbow Loom bracelet making... don't let this calling from Eleftheria (the muse of rubber band crafts) pass you by. FYI, I am a perfectly willing customer if you want to set up a small business on Etsy.

[Hayloft](#) by Mother Mother is pure fun... is it crafting music? Why not.

Leo (July 23 - August 22)

If you're one of those people with over two thousand unread emails... New year, new you! Please do something about this, pronto. Your inbox is the source of nearly all world problems.

All you have to do is [Select All Delete All](#) (Amber Smith— when I say underground I mean it).

Virgo (August 23 - September 22)

That call from the Internal Revenue Service (IRS to its closest friends... and you, I suppose) asking for all of your personal information is very possibly a scam, but it's still nice to hear someone's voice, isn't it?

This is a sign that you might be [Perfectly Lonely](#) (John Mayer)

Libra (September 23 - October 22)

All that guitar practice will help you to reach the ultimate goal: a trending vid on TikTok. You've made it, kid!

Oh no, I hope I don't fall... [Sugar](#) feat. Francesco Yates, by Robin Schultz

Scorpio (October 23 - November 21)

Your obsession with candles is

a possible fire hazard, don't forget that. Seriously, I'm talking to you, pyro.

This song is *fire emoji*: [Pyro](#) -Kings of Leon

Sagittarius (November 22 - December 21)

Woot woot, new fun social media platform alert! With Trump banned, Twitter has basically been transformed into another Pinterest. Except, oh wait, with more conspiracy theories and less trendy room decor... maybe keep the mood boarding to Pinterest for now.

[What A Diff'rence a Day Made](#)—the English version was popularized by Dinah Washington, but don't forget the original bolero in Spanish, [Cuando vuelva a tu lado](#) escrito por María Grever.

Capricorn (December 22 - January 19)

In choosing your first puzzle of the month (be honest, you want to be the kind of person who has a puzzle of the month), I caution against the 5000 piece monster. Believe me, it's not worth the bragging rights.

This one's for my fellow puzzlers out there: [Rompecabezas](#) by Solo Fernández

The Great Conjunction of Jupiter and Saturn

By Zahara Wiss

On December 21st 2020, the alignment of Saturn and Jupiter caused the Great Conjunction. Planets have not been this close to each other in almost 400 years and it has been nearly 800 years since the alignment of Saturn and Jupiter happened at night and was visible to the naked eye. Not only did events take place at night but also on the winter equinox. The recent great conjunction has led us to enter the Age of Aquarius.

The Age of Aquarius has been long awaited by those who believe in astrology. The Age of Aquarius is a shift of energy that is raising our planet to a higher vibrational frequency. Unfortunately, before we can truly reach this state of peace and harmony, we must go through a period of destruction and chaos.

This is a time for getting rid of everything that no longer serves us, both physically and metaphysically. Doing this will help us become self realized. As Adama Sesay said, "For eons the power has rested in traditional, oppressive hierarchical structures, and their beliefs dictate our reality. The power is turning over to the individual, and giving the freedom for you to choose your own reality based on what aligns with your soul."

I believe this shift in the planets is guiding us to a new paradigm. As we begin this intense transformation, drastic things are happening causing havoc in society. The pandemic along with the current political turbulence is enough evidence for me that we are beginning to go through this metamorphosis into the Age of Aquarius.

One of the most important things to

remember as we go through this time is to do activities that raise our frequency and cut out old habits that are no longer benefiting us and keeping us from being the best version of ourselves. Doing this can be challenging, especially because, with being so isolated, it is easy to fall back on old habits for comfort. Starting with little changes is a great way to start. Some examples from my personal life of shifts I made in the past few months include exercising regularly, meditating every day, and saying daily affirmations. Although they may seem small, they are just a couple things that help me feel like my best self. This is a major time for growth and transformation, not just as individuals but as a collective.

Meet Señora Lozano

By Virginia Su

As a new semester begins, it is very exciting to welcome Ms. Lozano to PTHS. Ms. Lozano is going to be the new Spanish teacher, teaching Spanish levels 1-4 for the rest of the school year. Here's a look into her life, so that you may learn a little bit about her!

Ms. Lozano was born and raised in Hollywood, California. Later, she attended college in the San Diego area and raised her three children in Encinitas, California. Ever since Ms. Lozano was young, she knew that she wanted to be a teacher. Ms. Lozano's teaching career started when she was hired as a teacher's aide in high school at the elementary school she attended for grades K-6.

At that time, she studied French. It wasn't until college that she began taking Spanish and loved it. After she began taking Spanish courses, Ms. Lozano realized the need for bilingual education in San Diego, in the area that she was living in. Additionally, she explained, "since I was also spending a lot of time in Baja California, Mexico, I had an added incentive to speak Spanish well and with urgency." As she became more proficient in her Spanish skills, she decided to pursue a teaching position as a bilingual Spanish teacher in an elementary school.

After leaving the bilingual classroom, Ms. Lozano began to teach in the education department of the University of Riverside in California, where she taught ecology and botany in the teaching program. As for the majority of Ms. Lozano's teaching career, she taught at Carlsbad, California in the elementary level. "I even taught a bit for the Department of Corrections in Juvenile Hall," she said, "That experience taught me a lot about connecting with a variety of students with many obstacles to overcome and the different stresses students can endure while

pursuing their education."

In 2014, following the recommendation of a friend, Ms. Lozano and her husband came to Port Townsend. "We appreciate the sense of community PT exudes... Being involved in the community is very important to us and that is one reason I wanted to teach here in PT... to know this part of the community... the youth and the commitment to education." It wasn't long before they fell in love with the area and the community and made their home here.

As for hobbies, Ms. Lozano loves trying new things. So, she's always adding to the list of activ-

ities she likes to pursue. Recently, she's been enjoying anything that involves the outdoors and being out in nature, such as hiking, paddle boarding, kayaking, and engaging in volunteer opportunities. Rowing is also a new activity for her: "Last year I started to row with the Rat Island Sculling and the Rowing Club here in PT." She has enjoyed traveling to many places as well. To name a few, she has gone to Australia, New Zealand, Fiji, Scotland, Mexico, and explored much of the U.S. However, many of her trips have been camping or staying with local people, "That

way, one can get a real feel for the people and the local vibe."

During this time, it's been difficult for students and teachers to learn and interact with each other, especially for freshmen and new students who have not met their teachers in-person before. Let's all welcome Ms. Lozano to the school, even if it must be through the screen for now!



Señora Lozano pictured above enjoys spending time backpacking and exploring outdoors. (Photo contributed by Ms. Lozano)

Restaurant Reviews

By River Kisler

Welcome once again to Restaurant Reviews, an expansive but digestible guide to Port Townsend cuisine and one of the longest running columns in this publication's history. Unfortunately, the pandemic has not disappeared since my last article, and I once again find myself eating takeout on the couch. So, just like last time, I will primarily focus on the food and COVID protocols. As always, each issue I choose one or two restaurants to visit and write about, evaluating them on a rigorous set of criteria, or, in other words, whether or not I liked the food. My opinions and commentary are my own, so don't take them too seriously. This month, we are taking a stroll down Water Street to the Old Whiskey Mill. A relatively recent edition to the P.T. culinary scene, the Old Whiskey Mill was opened in 2015 by Kris Nelson, a local restaurateur who also owns Sirens and Alchemy. Serving a selection of steaks, burgers, and other classic American cuisine, the Mill also has pastas, seafood, and poutine, a broad selection of food which ensures there will be something for everyone.

Now for the COVID protocols: Like at (hopefully) all restaurants, the staff was masked, people were socially distanced, and hand sanitizer was abundant. I called ahead to order my food, so when I arrived all I had to do was step into the foyer to pay and pick

up my order. The only contact was payment, which is a pretty minimal level of exposure. My food took about half an hour, which is slightly on the longer end of the spectrum but really not too bad. I noticed that, while indoor seating was closed, there was lots of outdoor seating, including several tables underneath a covered tent structure on the sidewalk. The staff was polite, friendly, and voiced appreciation for my support, another reminder that it is so important to support local businesses right now.

Now, on to the food. Like I said, the Old Whiskey Mill's menu is probably best suited to burger and steak lovers, but, because I was not feeling that hungry, I opted for a classic Caesar salad, a side of fries, and the baked penne. The salad was good, with just the right ratio of dressing to greenery, and the croutons were crisp and flavorful. I also appreciated the shaved parmesan, a world of difference from shredded parmesan when it comes to Caesar salads. The french fries were so good that I ate the whole container on the drive home. They were crispier than your average fry, which was fun, and had a tasty seasoning that I couldn't quite identify. Not quite barbecue sauce, but something in that genre. The baked penne was the real star of the show. I think the best way to describe it is like a chicken pot pie, except if the crust was cheese and the chicken and stuffing was pasta and red sauce. Everything was baked to warm, gooey perfection. It had

all the familiar flavors of pasta but in a form and context that I had never experienced. It is the ultimate comfort food dish. I recommend pairing it with a big couch, soft blanket, and a streaming service of your choice.

All in all, I really enjoyed my meal from the Old Whiskey Mill. The service was friendly and professional, it felt safe, and the food was delicious. What more could you ask for? I heartily recommend the Old Whiskey Mill whenever you're in the need of a filling, good ole fashioned American meal.



While there is no indoor dining currently available, the Old Whiskey Mill features outdoor seating for those willing to brave the cold. (Photo by River Kisler)

Recycling, Cont.

of single-use cups, clamshells, plastic food containers, and coffee pods," said Tucker. These are the types of items that cannot be recycled. One of the biggest mistakes people make is putting their recycling in plastic bags. As Tucker explained, "Those bags get tangled in the sorting machinery and prevent the recycling from being properly sorted." Chipboard was also found, which contaminates the corrugated cardboard. Chipboard is most commonly used to make cereal and cracker boxes, and it goes in the mixed paper, not the corrugated cardboard. Lastly, Tucker said, "The mixed paper had a lot of good cardboard in it, but also things like envelopes with plastic bubble wrap laminated to them." Milk cartons with plastic

lining on the inside were also found in the mixed paper. These are the types of things that cannot be recycled.

Recycling the correct items is very important. "The wrong items are contamination and will end up going 350 miles (one way) to the landfill in Roosevelt Washington. That costs money and increases our carbon footprint," elaborated Tucker. Fuel costs a large amount of money. Plus, big heavy trucks produce lots of carbon emissions. "Many well-meaning people are 'wish-cycling,' thinking that if they put something in the recycling that isn't on the accepted list, it will magically be taken somewhere where it can be recycled. That is simply not true."

Although it seems counterproductive, if you aren't sure whether to recycle something or not, throw it out. But first, take a look at this flyer, which helps people know what is or isn't recyclable: <https://solidwaste.files.wordpress.com/2020/12/2020-recycle-brochure-12-08.pdf>

As a result of Jefferson County sorting our recycling, less of the recycling is likely to be thrown out. Yet, studies have shown that a lot of people end up not recycling as much when they are forced to sort their recycling. Some other cities put all of their recycling into one bin. However, oftentimes the different types of recycling get mixed together and end up contaminating each other. That whole batch of recycling

ends up being thrown out. There are ups and downs to both.

Many wonder where our recycling goes. "Our glass goes to a factory in Seattle where it becomes more glass bottles. Our cardboard goes to the local Paper Mill and becomes more cardboard boxes. Our mixed paper goes to a paper mill in Longview. Our TAP (tin, aluminum, and plastic) goes to a materials recovery facility in Tacoma where it is easily sorted into aluminum cans, steel cans, and plastic," said Tucker.

Laura and the students from SFS felt like they had gotten a lot done during the span of that day. "It was very messy work on a cold day, but the team was amazing!"

“Real” News

By Stella Jorgensen

Regardless of political orientation, one must admit that following current events through the beginning of 2021 has been a rollercoaster. Given the rapidly changing nature of politics in comparison to the timeline of this publication, the Redhawk Review this month doesn't contain articles pertaining directly to the recent chaos of DC. Rather, we are sharing our recommendations for journalists, podcasts, and reputable sources that our readers can rely on for accurate and timely information as the leadership of our country changes hands. Here's what our writers are reading, watching, and listening to; may these sources bring some clarity and accuracy to your understanding of current events!

For many, podcasts are a great way to get information, as they can be enjoyed without adding screen time to our already screen

filled days. Junior Editor of the Review Grace Wentzel highly recommends several of the New York Times productions. Notably, The Daily, providing the biggest news of the day in just 20 minutes, as well as The Argument, where opinions from “both halves” are debated and considered. Wentzel also recommends NPR's Up First as a “super short and accessible way to get consistently good daily updates.”

When senior Finn O'Donnell is not watching and reviewing popular films, he too can be found listening to podcasts. O'Donnell recommends The Weeds for anyone interested in a deeper look at policy, noting that he enjoys their relatively unbiased stance. If policy isn't quite your style, O'Donnell also recommends checking out Ezra Klein to hear interesting interviews with people making important changes in the world.

While podcasts are a great way

to get news on the go, sitting down to read opinions and analysis the good old fashioned way (on the computer, of course) is never a bad idea. While opinion pieces should be well supplemented with unbiased news, they often provide interesting viewpoints. Historian and Professor at Boston College, Heather Cox Richardson offers a wider perspective on current events with her nightly newsletter, “Letters from an American,” which comments on current events within the context of American history. New York Times columnist Nicholas Kristof is another great journalist, whose commentary on both human rights and American politics is often featured in the NYT and shouldn't be missed! Seniors Melanie Bakin and River Kisler additionally both recommend the Atlantic for its long form journalism and consistently diligent coverage of detail in current affairs.

Those listed above are all

wonderful resources for a more in-depth look at what's going on, but, understandably, some of us would perhaps prefer a more straightforward approach to the most important current events. For those looking for news in quick updates, Bakin recommends following the NYT “Biden Transition,” live updates to receive helpful phone notifications. Senior Willow Hoins similarly enjoys reading the NYT Daily and recommends finding several mainstream news outlets to follow, such as BBC, NPR, or The Guardian.

Staying up to date with current events is nearly a full time job these days, but we hope that this compilation of resources will help you to stay updated, educated, and ready to wow your family members with your accurate analysis of the world's affairs. Remember, take breaks when you need them, check your sources, and happy reading!

A New Year, A New Me?

By Moe Gardner

The year 2020 is finally over and we are heading into the long awaited 2021, a year which could bring forth positive change for all of us in the world. There is a common tradition in which people attempt to bring forth positive change: New Year's resolutions. When I spoke with some students from our school about their resolutions, it was quite common for people to say, “I'm not a New Year's resolution person” or “I don't have any New Year's resolutions.” Is this trend beginning to fade into the past? Are there any reasons for this occurrence? After interviewing a few people as to why they are not making any resolutions, I came away with this: many people's resolutions do not last at all and they don't want to set themselves up for failure.

A lot of people set standards that are too high for themselves and in this way bite off more than they can chew at once. A lot of folks will set goals like “lose 75 pounds in a year” or “get all A's in every class” which can take quite a while and aren't things that you can do all at once.

So then, I began to think about some ways that we can continue to have the positive change of New Year's resolutions that aren't too hard or stressful to accomplish, but still help achieve the goal that you want. One way to do this is to set smaller goals for yourself. Instead of saying you want to get an A in every class, try focusing on getting an A on one assignment and then, the next assignment. Try taking tasks one step at a time, instead of trying to accomplish them all at once. You will find that this will not only put less stress on yourself, but also that you will begin to see the changes that you want.

Another way to help your New Year's resolutions is to not give up if you fail once! Just because you missed working out for a day or you forgot to do your homework one day does not mean you messed up your resolution! We need to normalize messing up on something, and then picking yourself up again. A lot of people give up on their New Year's resolutions when they seem like they failed. You don't have to wait until the beginning of the year to start over! You can begin to get back on track and focus whenever you are ready to. Finally, I think that it is critically important to take care

of yourself and make sure that your mental health is always okay. If your New Year's resolution is stressing you out too much, then it is perfectly okay to take a break from it. Additionally, if you need to, you can always ask other people for help as well.

Although most people didn't have New Year's resolutions, I'll share several that I did hear. So, here are a number of anonymous, inspiring resolutions: “I want to try to use that app One Second a Day, it looks really fun and it will be interesting to look back and see how my year went,” “I am going to try to stay caught up in my classes and not procrastinate on my work,” “I want to go on one walk every day,” “I want to try and learn the guitar,” “I am going to work on being kinder to myself,” “I am going to try and show up to Zoom classes on time,” “I want to get a job,” “I am going to work on applying for scholarships and colleges so that I can achieve my dream career.”

There is no doubt that positive change is going to happen for everyone and that, if we believe in ourselves and one another, we can do anything.

Tech Tips: Make Your Technology Work for You!

By Sorina Johnston

Want to expand your vocabulary?

Download a word of the day app on your mobile device! Some great apps are Merriam-Webster Dictionary and "Word of the Day." New vocab words could be mimesis, baksheesh, or feckless. Want to know what those mean? Get vocabularizing!

Podcasts are a great form of entertainment and education. Some free podcast apps are Apple Podcast or Castbox. Try listening to a podcast on a subject you love,

whether it's fictitious entertainment, science, mindfulness, motivation, global news, or random trivia. Whatever you want to learn more about, there's a podcast for it.

Make your devices work more efficiently by clearing tabs, history, cookies, and stored info to free up your smartphone's RAM regularly.

It's good for both your device and brain to rest! Try setting a period of time, whether it's from 10 pm to 7 am or for a daily afternoon walk, when your device is shut off and you are free from technology.

A gentle reminder... your mental health can easily take a toll as a result of screen use.

It's (unfortunately) natural to feel isolated or depressed due to the hours spent on devices and lack of in-person connection. Know you're not alone in feeling isolated, stressed, or depressed. Contact Megan Smith, licensed mental health counselor at 360-379-4609 or msmith@mescounseling.org to receive emotional support.

2020 in Reflection, Cont.

and eventually cancelled, and reluctantly, her people settled into a rhythm where every day felt as mundane as the one before it.

However, a striking contrast soon flared up in response to the death of George Floyd. An unbridled and powerful surge of Black Lives Matters protests set out across the world as protesters of all ages, masks on their faces and signs in their hands, rallied together. It was then that the stirrings of America from her dreams took place, to the relief of all.

Honing in on the West Coast, our living situation took yet another turn in late summer months, when wildfires decimated land all over Washington, Oregon, and California especially. As September rolled around, the smoke situation had not been rectified and only seemed to worsen, engulfing every nook and cranny of Port Townsend at one point. Meanwhile, students began a new year of remote school, marking the occasion of Zoom classes from their respective homes. America was

growing sick to her stomach once again, when only months later, the political allegations revolving around the election in early November surfaced.

Understandably, by this point, America and her people were exhausted. The duo was unable to shoulder the burdens of one calamity after the next, and could no longer see the day the pandemic would cease to affect daily life.

Yet, America made the active decision to remain hopeful, and her people followed her example. They realized that, when they thought about it very deeply, it was imperative that the nation must tackle a year like 2020. Not because we deserved it in all of its frightful entirety, but because beneath our fear, we knew that we could handle it. Because on personal, regional, and national levels, 2020 was an unprecedented year of hardships, adaptation, and compromise, but ultimately, became one of growth, self-discovery, and realized purpose.



Tim Herrera's New York Times article "The 20 Phrases That Defined 2020" included this piece of art, where a variety of words and phrases emblematic of 2020 are featured. (Photo from the New York Times)

The Redhawk Review

We hope you've enjoyed your peruse through this issue of the 2020/2021 Redhawk Review! This paper began as a senior project, and by continuing it this year I'm hoping it will become a regular and lasting piece of our school. It is written and produced by students, for students. Its aim is to both inform our student body about current events in our school and community and to provide an opportunity for students to get involved with journalism. We are always looking for more students to work with us, either as committed staff members or as contributors of single articles addressing topics writers are passionate about. We'd also love to work with students interested in creative writing, photography, or other art forms. If you're interested in journalism, or just in learning more, please let me know! We'd love to have you on board. We are creating this with the ideas and interests of students in mind, so feedback and thoughts for the future are always happily accepted! Thanks for reading,

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