

The REDHAWK REVIEW



Pictured here: Lochlan Krupa, Max Allworth-Miles, Gage Barry, and Kenny Nichol, members of cohort 11a returning to campus this month. (Photo by Grace Wentzel)

Cohorts are Back - PTHS Students Return to Campus for Second Semester

By Virginia Su

At Port Townsend High School, cohorts have been going all year long. With a new semester beginning, cohorts (with the same group of students)

are being shifted around to different teachers, while some new groups have just started for the first time.

Now that new cohorts have started, the school's goal is to increase the number of students in

each group. Mr. Gaffney said, "We are returning to larger (15 person) cohorts February 2nd and have 11 cohorts that will come for one or two days a week," with students meeting on Tuesday or Friday. There are also a few targeted

student groups that will meet on both days.

For the teachers, each individual has their own opinion, both positive and negative on the current cohorts. But, for everyone, it's been a joy to be able to see

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Courtroom Zoom, a Virtual Mock Trial

By Moe Gardner

Around this time last year, our Mock Trial teams were preparing for their yearly district competition and getting ready to represent Port Townsend High School in front of dozens of prestigious private schools from all over the area. They worked very hard on their case, making sure witnesses were convincing enough, practicing courtroom etiquette, and preparing both the prosecution and defense side with a believable and convincing performance. When it came time for districts, they did more than just prepare, the varsity team took home the gold trophy! They were excited and preparing for the state level competition, excited and working their hardest to be able to do well there, they were disappointed with the sad news that it would be canceled.

Now with the Coronavirus pandemic still relevant in this year, they would be doing things very differently. Meeting virtually via Zoom and through email and private messaging groups has definitely been more challenging for many Mockers, as opposed to other years. Especially with other clubs and sports starting, it

has been difficult to keep in touch with everyone, and if your witness or attorney didn't show up, it would make things even more challenging. But that did not make our Mock Trial team give up. They worked harder than ever to prepare everything, and they even found out ways to have virtual scrimmages with other schools throughout the region to prepare for the upcoming competition.

For those of you who have never done a Mock Trial before, you may be wondering how people do Mock Trial, or how it is executed. Well it is very similar to how people play on sports teams like football, except this is in a courtroom. Mock Trial, like a regular trial, has a prosecution

and a defense, or a plaintiff or a defense, depending if it is a state or civil trial. Students can play either on prosecution of defense, or even in some cases both. Some students choose to take on the role of an attorney, which will question witnesses in front of a jury (who are the evaluators in this situation) and also a judge. Then, other students will take on the role of becoming a witness, and acting out a person who plays a critical role in the case, and they will be questioned by an attorney. They go against different schools and our school is either playing defense or prosecution, and their school will be playing the opposite.

This year, our school went up against many different schools,

playing both the defense and prosecution, and each team had 4 trials in total. The varsity team ended up beating all 4 trials at this year's district competition, which led them to advance to the state level, which luckily was not canceled this year, but unfortunately, like all other events will have to be over Zoom. This year the Port Townsend "Dragons" will be the only team representing our school at state, since unfortunately the Coronavirus continues to affect many of our lives. Let's congratulate the Port Townsend Mock Trial team for making it to state and good luck to everyone who is competing!



The mock trial team sports matching t-shirts from their earlier "Empire" competition. (Photo by Jan Boutillier)

Scholarships Offer Aid for PTHS Students

By Sophia Lumsdaine

Last school year concluded in a very unique way for seniors due to the rise of the COVID-19 pandemic. In 2020 and, now, 2021, seniors are experiencing an unprecedented final year of their high school experience. Nevertheless, many things are proceeding, in modified and reconfigured forms. Seniors will, of course, still graduate from PTHS and step into a new and significant phase in their lives and for many, this involves either delving into vocational training or proceeding to college or university.

One important resource in beginning this further learning is researching and obtaining scholarships. Oftentimes getting this training, whether it is academic or trade-oriented, costs

a significant sum of money. Scholarships are helpful in addressing this challenge, as they can fund tuition, expenses, and fees. While financial aid and scholarships can be received from the specific school a student is applying to, they can also be attained through other organizations, even ones local to Washington and Port Townsend/Jefferson County.

As a maritime community, it is not surprising that one prominent scholarship opportunity offered in our local area is one pertaining to marine-related fields. Funded by the Port Townsend Yacht Club, the scholarship provides the awardee with about \$1,500 for the student's future study in things such as boatbuilding, marine sciences, fishing, maritime trades, and commercial diving. Juniors looking ahead should bear in mind that applications must be emailed or postmarked by

February 8th.

Another local organization offering scholarships is the University Women's Foundation of Jefferson County, which is granting several different scholarships to senior girls. One focuses on studies in law, fine art, and medicine; another on career schools, community colleges, and technical schools; yet another on environmental sciences with an emphasis on climate change; and one is open to any female graduating high school from East Jefferson County this year. The dollar amounts given range between \$3,000 and \$6,700, and all applications to University Women's Foundations need to be submitted by March 5th.

Two other scholarships, due April 12th, are sponsored by the Port Townsend Sunrise Rotary. The first, the VocTech scholarship,

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The Revival of PTHS Drama Club

By Julia Neville

It is an arduous task to remain connected with individuals, much less entire units of people, while in the midst of a pandemic. The involuntary charm behind last-minute after-school hangouts buried itself last March under layers of protocol and safety precautions, and, these days, the allure of being somewhere foreign is implausible and out of the question. Yet, even in this dismal, prosaic period of time, some individuals became more inspired than ever to resurrect old connections with friends or to invest lost time into passion projects they once loved. Collaboration was sought after and achieved in a creative way, and, much to the delight of their theatre counterparts, Zoe Cook found a way to merge the two sentiments together with the revitalization of the PTHS theatre club.

The club was first established in January of 2020, acting as a bridge between the fall and spring theatrical performances. Its secondary purpose was to maintain the treasured relationships that castmates had created

during the production of *Our Town* and, naturally, director Kelly Doran, who had grown close to many of the club's participants, became the administrator of the club. Together, the small, tight-knit group met on Thursdays for a six-week course, writing and putting on one another's plays under Kelly's leadership. It was a successful project that lasted up until the very Thursday before auditions for *Fiddler on the Roof* were held.

While Kelly breathed life into the original theatre club under her own initiation, it was all Zoe's doing this time around. Ardently, they expressed, "The purpose of our club isn't just to open the door to acting and writing to those who've already been involved with drama club before, but to open the door, previously jammed shut by the restrictions of this pandemic and the daunting nature of change, to all youth artists in the area. Whether the club helps two people or forty people doesn't matter to me as long as it's helping someone. I know that for me, even the act of reforming this club was helpful and inspiring in itself."

The daunting task of re-es-

tablishing a school club would have been impossible without an experienced adult, Zoe admitted. Luckily, Kelly, who has always been creatively inclined to "help students who are interested in theatre find a way to connect with our theatre community," was elated "to do something creative that makes a difference in the community." Furthermore, she explained that the revival of the club was groundbreaking for her personally. "I am looking forward to connecting with the drama students again. I miss facilitating that community of bright and amazing students. I also think

the club supports each other emotionally and creatively. I think that is needed right now."

As we wait for the icy heart of this pandemic to thaw, we reminisce over days spent sluggishly at a friend's house or lounging in a chair, popcorn in hand, at the Rose Theatre. While our encounters with the outside world are planned with precision and are even regarded with hesitation, we smile, knowing we can turn to the arts in rain or shine, on Zoom or safely in-person. Artistry is a delicacy of sorts, an origin of connection and a perpetuator of brilliantly strong relationships, pandemic or no pandemic.



"It may not be much right now, but hopefully down the line, we will have a strong, working community of student writers, singers, dancers, and actors who are comfortable communicating with one another through email and speech, but also through their work," Zoe voiced.

Restaurant Reviews

By River Kisler

Welcome once again to Restaurant Reviews, a somewhat comprehensive but unpretentious guide to Port Townsend cuisine and one of the longest running columns in this publication's history. This month we have reached a somewhat melancholy milestone: the last sushi place in PT. When I began this journey, I could never have expected how far it would take me. From the sushi place uptown, all the way to the sushi places downtown, it has truly been a thrill. If you have been around since the beginning, you have probably used the process of elimination to deduce that the restaurant I visited for this issue is none other than Ichikawa.

Ichikawa is a heavyweight on the Port Townsend culinary scene. Founded in the early 2000s, it's frequently been referred to as the best fresh seafood and Japanese cuisine on

the Olympic Peninsula. The name Ichikawa has an interesting story behind it: Ichikawa is the name of Port Townsend's sister city in Japan, translating to "marketplace river." It's a city of about four thousand people located around twenty miles from Tokyo City, founded in 1943 and becoming our sister city in 2002. Another notable piece of information about Ichikawa (the restaurant) concerns its chef, Peter Swan. He came to America from Japan and has been the restaurant's sushi chef for 18 years. Ichikawa describes him as "a master of his craft" and says he "has upheld the traditional methods of his country's cuisine with surety and passion."

Ok, moving on to the COVID protocols. Not too much to note here, but here's what my experience was like. I ordered online, and then picked up my food, which was available quite quickly. To pick up the food, I stepped into the restaurant's foyer, where a plexiglass

screen has been constructed with a slit to pass food through. I swiped my card, sanitized my hands, and grabbed my food. It felt very safe and frictionless. There appeared to be some outdoor seating, but I recommend getting food to go. There also seems to be an option to call ahead and reserve an indoor table, but this option is limited and seems like it could change quickly as we adapt to this virus.

Now, on to the food: Ichikawa has a broad selection of sushi rolls, soups, salads, noodles, and various seafood dishes. It should go without saying that if you don't enjoy raw fish or seafood, your menu options will be quite limited. For dinner, I ordered edamame, as a little pre dinner snack, and the tuna poke, which consisted of raw ahi tuna over thinly sliced vegetables topped with a spicy sake sauce. The poke was a great appetizer, with a perfect combination of soft tuna and crunchy vegetables, all complemented by the sauce.

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Cinematic Review



Wanda Vision

By Finn O'Donnell

Part of a collection of new Marvel series from Disney+, WandaVision premiered on January 15th to... confusion. It (somewhat obviously) stars Elizabeth Olsen and Paul Bettany as the titular Wanda and Vision and follows their idyllic newlywed life in Westview, New Jersey. The first few episodes certainly weren't what the audience was expecting: instead of city-destroying superhero fights, we got a black and white 50s sitcom that just didn't sit right with the viewer. I don't mean any of this in a bad way: WandaVision is designed to confuse the viewer with little details, false flags, and red herrings at every turn. Advertisements air during the early episodes for a Strucker watch (Baron Von Strucker is a notable comic villain and the scientist who gave Wanda her powers), a Stark Toaster (with the mot-

to "Forget the past, this is your future!"), and Hydra-soak bath soap.

I won't spoil the show, but the later episodes get notably weirder. It becomes apparent that Westview may not be all it's cracked up to be, and characters from other parts of the MCU begin to join WandaVision's cast. As Westview and Wanda's reality begin to fall apart, the audience gets a better picture of what's going on. At the time of writing, only five episodes have been released, and four more will be by March 5th.

WandaVision probably isn't for everyone. It's a Marvel TV show made for Marvel fans. It's objectively very well made, with great writing, acting, and cinematography, but it's work to watch if you don't get the references. If you've enjoyed prior Marvel movies, you'll love WandaVision.



The Death of Stalin

By Finn O'Donnell

The Death of Stalin's subtitle is right: it's a comedy of terrors. Armando Iannucci's black comedy/drama follows Stalin's scheming, cruel, but at times bumbling cabinet as they madly try to seize power after his death in 1953. It's a dark, cold, yet laugh-out-loud film that reminds me a little too much of recent events.

Stalin's (Adrian McLough) cabinet is comprised of Nikita Krushchev (Stanley Tucci), Georgy Malenkov (Jeffrey Tambor), Vyacheslav Molotov (Michael Palin), and the villainous Lavrenti Beria (Simon Russell Beale). When Joseph Stalin suddenly falls ill, his cabinet first rushes to find one of the few doctors in Moscow that Beria hadn't ordered killed. But they quickly turn to plotting against each other, forming factions and beginning a coup while planning Stalin's grand funeral. The film pokes fun at Soviet state decadence, but, in the same

breath, lays bare the horrific living conditions of the masses. While the cabinet "mourns" the death of Stalin at his state funeral, millions of Russian peasants flock to the capitol to grieve the Premier's passing and are summarily shot trying to reach the funeral. This horrific event is treated as minor by the main characters, but the viewer is left reeling from the gruesome footage and reports of hundreds of dead peasants.

The cinematography and characters are what set The Death of Stalin apart. Nikita Krushchev, the protagonist, is complemented by the washed-out bright gray aesthetic of the movie, whereas the dark, molesting Beria looks gross and out-of-place in the bright light.

The Death of Stalin is a hilarious film, an intelligent commentary on insider government, and a deep look at class even in "equal" societies. The brilliant writing and harsh cinematography is complimented by the incredible acting skills of its stars.

Social Isolation in Teens: An Interview with Anne Koomen

By Maggie Emery

Social isolation in teens is a prevalent issue when it comes to looking at the negative effects of COVID-19 on our society. I talked with Anne Koomen, a psychiatric nurse practitioner at Jefferson Healthcare, about this issue.

Social isolation is hard to define, but there are a few things to take into consideration. “There’s a difference between the status of not being in contact with other people and then how that affects a person. Somebody can be alone and be perfectly fine,” said Koomen. Social isolation is subjective. Each person is in a different situation, and they feel different things. This is why it’s so hard to define. Interestingly, “people can still be socially isolated in a room full of people.” Generally speaking, social isolation is the lack of connections someone has with other people, whether that person be surrounded by humans or not.

Feeling lonely is the biggest risk of social isolation. “Some researchers say that loneliness can have as much impact on a person as other types of chronic illnesses and in some pretty major ways,” Koomen explained. The feeling of loneliness can lead to

anxiety or even depression. “If somebody is feeling lonely that does increase risk for depression because it starts to bring up all the symptoms of depression. I talk to people a lot about what keeps them from committing suicide and it’s often their connections with other people. I get much more worried about people when they aren’t able to name any social connections that are keeping them alive.”

As a result of the subjective nature of this topic, scientists have done more studies on social isolation in mice rather than in humans. “The socially isolated mice were just really anxious and nervous around the other ones.” In normal circumstances, the brain develops more and more connections between neurons. There are also times when these connections are cut away, a process called pruning. “Adolescence is a time where there are more connections being made between the neurons, but there is also a lot of pruning and that pruning is what helps people to be able to make rational decisions later in life.” In the animal models involving mice, scientists have found that the pruning didn’t happen in the socially isolated mice. The mice’s decision making skills were much less refined. The mice showed

more anxiety and engaged in more habit-driven behaviors (addictive behaviors). Scientists are unsure of whether these behaviors in the mice will translate into the human world or not.

To combat social isolation and loneliness, it is crucial to keep making connections with the world around you. Using social media actively and not passively can be a great tool as well. “Passive use of social media is when you go on and you’re just scrolling and looking at all the pictures, maybe getting some intel into what people are doing without you, and it’s just kind of depressing. Like, “This person has this glorious life and all I’m doing is sitting at home with my parents all day.” said Koomen. Passive use of social media is what most of us engage in without even knowing it. Active use of social media is when “you’re actually connecting with other people through chatting back and forth, making jokes, sharing videos, or playing games.” Active use of social media is much healthier and more enjoyable than passive use of social media. Another way to maintain those connections with people is to spend time with a friend, safely. An example would be going on a masked walk with them or FaceTiming them. These

are a few ways to safely combat loneliness.

At times, social isolation contributes to depression, which can lead to suicidal thoughts. Koomen recommends that if you ever hear a friend talking about suicide or just feeling really sad, talk to a trusted adult as soon as possible. When a friend is willing to have a conversation with you to share their feelings with you, make sure you really listen to them. “Take that conversation as seriously as possible, and do more listening than talking.” If you ever feel really down, you can text the crisis line at 741 741 with the word “connect” to instantly text someone who can help you immediately. You can also call the teen specific crisis line at +1 (866) 833-6546. From 6-10 pm this call-in line is run by teens. Both of these crisis lines are completely confidential and can really help.

Social isolation is a big problem amongst teens, especially during the COVID pandemic. One way to put an end to isolation is to keep engaging with the people around you and making connections with new people. Most importantly, reach out for help anytime you need it.

Tech Tips: App Recommendations!

By Soso Johnston

AllTrails

Interested in getting into the outdoors? Reading reviews about mosquito swarms? Download AllTrails from the app store to get quick info about local hikes, especially as we breach warmer months.

1SE

Ever seen Julia Neville’s Instagram story? 1SE is an app that compiles daily one second

recordings into monthly videos. It’s a great way to document your life and practice gratitude by being reminded of all the (hopefully) good things that have happened.

ZeeMee

Calling all college-bound Seniors! ZeeMee is a social media platform for connecting with students attending your future university. So, get ZeeMee..ing?

Alarmy

As someone who struggles with waking up in the morning,

I can highly recommend Alarmy. Alarmy alarms don’t stop ringing until you complete a pre-selected task, like a set of simple arithmetic problems, shaking your phone 20 times, or taking a picture of an object in another room. Alarmy is a great way to force yourself to do something when your alarm goes off, instead of falling back asleep.

Shutterfly

Want your room to look like a pinterest college dorm? Shutterfly offers free photo printing. You

only have to cover shipping. Enjoy looking through pictures, finding some that bring you joy, and having them printed for free!



The Benefits of Houseplants and How to Care for Them

By Zahara Wiss

Plants are not only pretty to look at, they also help clean the air. Having certain plants in your house can keep the air fresh so you can breath fresh oxygen all day long without ever stepping foot out your door. The areca palm removes dangerous chemicals such as formaldehyde, xylene and toluene. The snake plant produces oxygen at night and has the ability to remove toxins from the air. Other plants that purify the air include the money tree, Chinese evergreen, aloe vera, and the rubber plant.

Unfortunately, like many, I have always struggled to keep plants healthy and alive. I love them so much and seeing them die under my care always makes me so sad. Recently, I have done some research on this subject.

The following tips I am going to share with you have drastically improved all of my plants' health and I am happy to report there have been no plant deaths for the entirety of the time since I started implementing them.

The first step is to remember they are alive, just like you! They might not be quite as complex, but think of them as a pet. When you adopt a new plant, make sure to research what living conditions it needs to thrive. Some key points are what kind of soil it needs and how much light and water is recommended. Overwatered plants are often mistaken for underwatered. Before watering, check the soil and the leaves to see what it needs.

Something else to keep in mind is the temperature. If your plant originally came from someplace warm, it's not going to enjoy being

placed next to an open window in winter! Luckily, most of the plants listed above for improved air purification are also easy to care for. I also recommend starting off with a cactus or succulent. They are extremely easy to care for

and hard to kill. They barely need any water and look beautiful on a windowsill.

Best of luck, and enjoy clean air and beautiful greenery in your space!



House plants not only beautify a space, but they purify the air inside your home. (Photo by Zahara Wiss)

Reproductive Rights: A Crusade of Now

By Willow Hoins

Despite the idea that social justice comes in trends, it's important to note that our nation's reproductive rights battle remains unresolved and, more importantly, under threat. Perhaps you consider it an antiquated issue or believe its impacts aren't obtrusive to you, but you would be wrong. Regardless of time, gender, or state lines, the fight for progenitive liberties is a crusade of now.

One should be familiar with the infamous Roe v. Wade Supreme Court decision, which determined that the Constitution protects a person's right to choose to terminate their pregnancy. However, the ongoing infringement on these rights, particularly during COVID-19, isn't as apparent to Washington state residents. In the spring through fall of 2020, several lawmakers from Texas, Oklahoma, Alabama, Iowa, Ohio, Arkansas, Louisiana, North Carolina, Kentucky, and Tennessee manipulated the global health crisis to achieve their agenda. Much needed health care was revoked when those states deemed abortions and other generative procedures as "nonessential."

For some, driving up to 15 hours to states accommodating reproductive care added a substantial financial burden. Now, half of the US states have enacted Targeted Restriction on Abortion Providers (TRAP) laws, imposing stringent requirements on clinics and abortion providers. The derisory constraints aim to close facilities through costly and medically irrelevant demands. These locations, however, are not solely providing abortions. They

dispense vaccinations, hormone therapy, STI and cancer screening, and therapy, and any number of available wellness treatments (including prenatal care) surrounding reproductive health for all genders. When states elicit such retrogradation, they remove access to affordable care. The UN has stated that "eliminating accessible reproductive health

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Pictured is a Center for Reproductive Rights-lead protest, following the filing of numerous lawsuits to protect abortion access during the COVID-19 pandemic. (Center for Reproductive Rights)

Horoscopes

Divined by Grace Wentzel

Aquarius (January 20 - February 18)

Careful while walking near the water; one strong gust of wind might be the difference between a dry you and a not-so-dry you that gets asked by strangers downtown if you did the polar bear plunge in the middle of February.

The ocean is [Cold Cold Cold](#) (Cage The Elephant).

Pisces (February 19 - March 20)

Okay, I felt kinda bad about the Hemingway gift I gave in the last edition, so here's my formal apology: cash. Keep an eye (or two, if you're lucky like that) open while reading presidential biographies—there might be more than one Benjamin Franklin inside. (Get it? Because hundred dollar bills. Haha.)

Another, more distinguished Franklin: Aretha - [Chain of Fools](#).

Aries (March 21 - April 19)

Watching Ink Master may teach you some of the nuances of new school and American traditional styles, but you shouldn't, by any means, try your hand at tattooing. Not even some stick-and-poke. For your own sake. And, very possibly, for the sake of those nearby.

You're not a [Professional](#) (by Gabriels, a relatively new artist you should definitely check out)!!!

Taurus (April 20 - May 20)

Masks certainly bring more confusion into everyday life, like when you accidentally greet a complete stranger that you thought was your coworker. Whoops. Just smize and wave, smize and wave. Hopefully they'll think you're just an overzealously polite person.

From Kim Carnes' "Mistaken Identity" album, [Bette Davis Eyes](#) (my mom sings this at the most random times and I absolutely love/hate it).

Gemini (May 21 - June 20)

Ever caught in a rabbit hole? Give a good twist to your ankle, twice counter-clockwise should do the trick.

What else? [White Rabbit](#) by Jefferson Airplane.

Cancer (June 21 - July 22)

This is just to say... Khan Academy offers many learning resources, including an app for social & emotional learning. On the other hand, you could also study art history and get to be über pretentious. Up to you!

I actually kinda dig this song... [Edward Hopper](#). Thanks, Jesse Malin, for writing a song with the perfect Nighthawks feel.

Leo (July 23 - August 22)

A trip into the mountains might do you some good! I always find that goat attacks bring a newfound lust and appreciation for life.

Looks like they got together and made a band, good for them.

The Mountain Goats with [Used to Haunt](#).

Virgo (August 23 - September 22)

Just finished binge watching a show? Of course you have. I have a great piece of advice: start another one. Immediately. That class project can most certainly wait until the next finale. Or even the one after that! You already know how this will go.

One of the vibiest (it's a word if I say it's a word) opening songs for a binge worthy show: [Feel it All Around](#) by Washed Out, featured on the wonderful creation that is Portlandia... if you want more, I am working on a whole [playlist](#) for my fav TV soundtracks ;).

Libra (September 23 - October 22)

Next time you play a board game with your family, bet big on a win. Sure, it's unconventional to put your college savings on the line for a round of Sorry!, but I promise it'll be worth it. (Diviner not liable for any regrets in familial gambling.)

TFW you empty your brother's bank account after winning a game of chance is 100% exemplified by 070 Shake's [Guilty Conscience](#)—more celebration than apology.

Scorpio (October 23 - November 21)

During your personal journey as a fashion icon, Depop will

become your kryptonite. There's just something about the app that gets you closer and closer to becoming your dream aesthetic: cute and poor.

Okay but you do be [So Damn Fly](#) (by Your Grandparents—because that's kinda who you dress like, but the cool meter is off the charts).

Sagittarius (November 22 - December 21)

If you ever find yourself in a pickle, just remember these simple words: "and," "but," "or." I always find that conjunctions come in handy when you least expect them. Additionally, last-minute essay research can often be saved by some speedy usage of Boolean operators... "AND" a good amount of luck.

Couch has a VERY nice cover of Schoolhouse Rock's [Conjunction Junction](#).

Capricorn (December 22 - January 19)

While most health crazes are just that: crazy (a pill will not help you to lose half your body weight in 20 days, those troublesome bones will just not dissolve, ugh), drinking enough water might actually be a good idea! Jury's still out, though.

I love love love this song AND it's kinda watery, so I have an excuse to suggest it: [I Think I Like When It Rains](#), Willis.

Scholarships, Cont.

awards financial assistance to students planning to pursue vocational or technical training and the second, the Service Above Self scholarship, awards financial assistance to applicants who display particular commitment to service and skills in leadership. In addition to the scholarships already mentioned, others are offered by the local Presbyterian Church, Windermere Real Estate, Kiwanis, the Marine Science Center, Elks Club, Pride Foundation, American Legion, and the Port Ludlow Amateur Radio Club.

Beyond Jefferson County, but still

regional to Washington, various statewide scholarships are available. The Blue Ribbon Scholarship, Baccalaureate Scholarship, CTE Scholarship, and Ewing C. Kelly Scholarship can cover various costs involved in post-high school training and education. Deadlines for submission depend on the individual scholarship, as do monetary awards.

For seniors working on their scholarship search, our school counselor Kily Gard recommends a couple helpful resources. Any scholarships the school becomes aware of are added to the high school's up-to-date

Scholarship Bulletin, which can be found under "Scholarships" on the PTHS counseling website, and is also located under "PTHS Class of 2021 Links and Information" on the PTHS general website. Students should also be sure they have an account on WashBoard.org, as it can be very helpful in matching students with scholarships individually relevant to them. As we continue into the second semester, more scholarships will become available. Winter and spring are known as the scholarship-hunting seasons!

A Test Optional Future? College Admissions Emphasize Holistic Review

By Melanie Bakin

Prior to 2020, almost all colleges in the United States required students to take the SAT or ACT entrance exams to prove their capabilities. However, COVID-19 hastened the changes that many colleges had been contemplating for years.

The SAT is a standardized test given by the College Board at high schools around the country. It was thought to be a strong predictor of freshmen success in college; however, recent studies have shown otherwise. In addition, the SAT was founded on racist intentions, and still today shows racial disparities.

Colleges in the United States have mostly adopted a holistic application process: one that focuses on all aspects of a candidate, not just test score or GPA. The change to the holistic application process lessened the importance of standardized tests, but students were still required to submit them. However, in 2020 many students in the Class of 2021 were unable to take the SAT at all. Students signed up for multiple

testing days just to have them all canceled. The college's applicant pool would be incredibly small because not everyone would take the test, and the racial disparity was made larger because the majority of students able to take the test were affluent children in private schools. For that reason, many schools decided to go test-optional or test-blind for the Class of 2021.

A lot of colleges were already planning to phase out the SAT/ACT requirement, and the arrival of a worldwide pandemic sped that up. The College Board attempted to hold virtual tests but failed to mobilize quickly enough. The College Board knew that for the next application season, changes would need to be made. They decided to stop offering SAT subject tests and discontinue the SAT essay. These new developments were made to reduce demands on students and adapt to the new reality of standardized tests.

Even with the College Board's changes to the SAT, universities realize that taking the SAT for students in the Class of 2022 is not assured. That is why many colleges have already announced

that they will be going test-optional for the next cycle as well. Notable schools such as Boston University, Barnard College, Baylor University, Emory University, Loyola Marymount University, Rice University, and more have announced 2022 applicants will also be considered using the test-optional or test-blind policy. There is an even longer list of universities that have seen they don't need the racist standardized tests as an entrance requirement, and have gone test-optional permanently. Some are the University of California

system, American University, Bryn Mawr College, Chapman University, University of Puget Sound, University of Washington, Willamette University, and others.

The college admissions process is riddled with racial disparities and stress on students, but the choice to go test-optional or test-blind is a step in the right direction to making the college admission process a fair and exciting one for students.



The University of Puget Sound, in Tacoma, WA, has been test-optional for years, but required an essay to explain why you were unable to submit test scores. Now, after COVID-19 they don't require any excuses.

Restaurant Reviews, Cont.

For my main course, I got the karashi maguro and kara hotate rolls. Both were eight-piece rolls, and it was the perfect amount of food. The maguro roll was a spicy ahi and cucumber, my go-to roll at any sushi establishment. It's safe, but it never disappoints. The contrasting textures are a must in sushi. All mush or all crunch is no good. This roll strikes a perfect balance and tastes delicious too. The Hotate roll was a little unusual, but still tasty. With spicy raw scallops and mayo, tobiko, avocado and cucumber, it was a unique combination of flavors, but overall very tasty. It was the first time I have eaten raw scallops and I really enjoyed them. They are light but still rich with flavor, and are not quite as intensely "fishy" tasting as you might expect.

I thought they tasted similar to crab, but with a firmer texture. All in all, my dinner was quite good, although I do think that I have done Ichikawa an injustice by not talking about any of their noodle bowls and soups, which are quite good. Maybe another time.

Ichikawa is easily one of the very best Japanese restaurants in our area, and you would do well to pay it a visit if you haven't already. The food is local, fresh, and prepared with evident care. It is definitely within the mid- to high-end price range in this town, but worth every penny. I recommend it for a special dinner, or really anytime you're craving delicious Japanese food.



Umbrellas shade outdoor diners at Ichikawa's downtown location looking out at the ferry and scenic waterfront.

Cohorts, Cont.

students in classrooms again. According to Ms. Lenz, being able to see her students in person this year has helped her get to know and connect with them much better than she can in a Zoom class. "This is especially helpful for getting to know some students that don't usually attend Zoom classes," she elaborated. Ms. Kruse added, "Students have been doing a great job with expectations and COVID protocols as well."

Furthermore, teachers continued to have different levels of challenges with having both students learning from home and at school. Ms. Lenz said the challenges include not being able to teach the same group of students after some of their new schedules have changed. "I miss my previous cohort groups, but I expect I will get to know my new groups better (it has only been one day)." At the same time, she has noticed that many kids in her class that need the most help do not end up turning up at the school to get the support they need. On the other hand, Ms. Grace explained, "I love seeing students again but I feel bad about the cohorts because I'm swamped with work. It feels like I can say hi and get things started and

I'm available to help, but then I have so much grading and planning to do for the playlists, that I have to get to work."

Although it hasn't been easy for teachers to be teaching online under the current circum

stances, everyone enjoyed seeing students learn and reconnect with each other at school.

Ms. Kruse ended with, "Now that we are back to the groups that started the year, it feels more like a school campus again!"



Jeannette Patric follows social distancing protocols as she works on some independent assignments in the classroom. (Photo by Grace Wentzel)

Graphic design for this issue by Maya Dow.

The Redhawk Review

I hope you've enjoyed your peruse through this issue of the 2020/2021 Redhawk Review! This paper began last year as a senior project, and by continuing it this year I'm hoping it will become a regular and lasting piece of our school. It is written and produced by students, for students. Its aim is to both inform our student body about current events in our school and community and to provide an opportunity for students to get involved with journalism. We are always looking for more students to work with us, either as committed staff members or as contributors of single articles addressing topics writers are passionate about. We'd also love to work with students interested in creative writing, photography, or other art forms. If you're interested in journalism, or just in learning more, please let me know! We'd love to have you on board. We are creating this with the ideas and interests of students in mind, so feedback and thoughts for the future are always happily accepted! Thanks for reading,

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Reproductive Rights, Cont.

information and services constitute human rights violations."

When considering life after high school, look closely at your reproductive rights, responsibilities, and resources. At any age, in Washington state, one may consent or refuse birth control services, abortion, and prenatal care. Yet in a fellow progressive state like New York, these decisions are not yours until 18. Presently, five states in the US have only one reproductive health center/abortion clinic, while over twenty states have fewer than five.

Additionally, almost twenty states in America impose severe restrictions on abortion, even in rape or incest cases. Should Roe v. Wade be overturned, access to safe and legal termination will likely be banned or eliminated in nearly thirty states. Even when deemed medically necessary,

with either the carrier or fetus in life-threatening danger, abortion would remain unavailable. Those are your resources and inalienable human rights, potentially erased.

Regarding your responsibilities when you're not the one pregnant, but are accountable for the conception, you have legal culpability for 18 years of financial support. Your age doesn't factor into this process. So when considering your rights, resources, and responsibilities, be sure to assess your partner's as well. If they don't have rights, you don't have rights.

As you define your post-high school aspirations, remember to examine reproductive resources and responsibilities. Likewise, explore your ability to make your own healthcare decisions to obtain the desired treatment and care for you or your partner(s).